



We are honored that you have chosen us to assist you and your family's health & wellness needs. Please let us know if there is any way we can make you and your family more comfortable. We look forward to working with you to build better health for your family.

### **Pediatric History & Adolescent Form (birth to 16 years)**

First Name: \_\_\_\_\_ Middle : \_\_\_\_\_ Last: \_\_\_\_\_ Today's date: \_\_\_\_\_

Nick-Name \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex: \_\_\_\_\_ Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Race/Ethnicity: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

Father's Name and Cell phone: \_\_\_\_\_ Mother's Name and cell phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Parent's marital status (please circle):    Single    Married    Divorced    Widowed

At our office we are interested in your entire family's health and well-being. Please mention below any health conditions or concerns you may about yourself or the other members of your family:

Yourself/Spouse: \_\_\_\_\_

Other Children: \_\_\_\_\_

Purpose for Contacting Us (please circle any) of the following:

Spinal Check-Up                      Wellness                      Other

Please Explain: \_\_\_\_\_

If Applicable: Other Doctors Seen for This Condition: \_\_\_\_ No    \_\_\_\_ Yes

Doctor's Name & Prior Treatments: \_\_\_\_\_

Previous Chiropractor: \_\_\_\_\_

Date of Last Visit: \_\_\_\_/\_\_\_\_/\_\_\_\_ Reason: \_\_\_\_\_

Name of Pediatrician: \_\_\_\_\_ Date of Last Visit: \_\_\_\_/\_\_\_\_/\_\_\_\_ Reason: \_\_\_\_\_

### **Your Child's Health Profile:**

#### **Vaccination History:**

(Please check)    \_\_\_\_ Up to Date                      \_\_\_\_ Chose to decline Vaccinations                      \_\_\_\_ Still Deciding

Please describe any adverse reactions to vaccinations: \_\_\_\_\_

I would like more information on the adverse reactions and potential dangers of vaccinations \_\_\_\_yes \_\_\_\_no

\_\_\_\_\_

Please mark an "O" if it is a *Past Condition* or an "X" for a *Present Condition*.

<input type="checkbox"/> Ear Infection	<input type="checkbox"/> Scoliosis	<input type="checkbox"/> Seizures	<input type="checkbox"/> Chronic Colds	<input type="checkbox"/> Dizziness
<input type="checkbox"/> Headaches	<input type="checkbox"/> Asthma	<input type="checkbox"/> Allergies	<input type="checkbox"/> Digestive Problems	<input type="checkbox"/> Numbness
<input type="checkbox"/> ADHD	<input type="checkbox"/> Recurrent Fevers	<input type="checkbox"/> Growing Pains	<input type="checkbox"/> Colic	
<input type="checkbox"/> Bedwetting	<input type="checkbox"/> Anemia	<input type="checkbox"/> Reflux	<input type="checkbox"/> Behavioral Problems	
<input type="checkbox"/> Leg Problems	<input type="checkbox"/> Poor Posture	<input type="checkbox"/> Broken Bones	<input type="checkbox"/> Heart Trouble	
<input type="checkbox"/> Stomach Aches	<input type="checkbox"/> Muscle Pain	<input type="checkbox"/> Orthopedic Problem	<input type="checkbox"/> Neck Problems	
<input type="checkbox"/> Joint Problems	<input type="checkbox"/> Constipation/diarrhea	<input type="checkbox"/> Poor appetite	<input type="checkbox"/> Arm Problems	
<input type="checkbox"/> Back Problems	<input type="checkbox"/> Walking Trouble	<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Diabetes	

Other: \_\_\_\_\_

Number of rounds of Antibiotics your child has taken: \_\_\_\_\_

Please list any drugs or medications (prescription or over the counter) your child is taking: \_\_\_\_\_

Please list any vitamins/supplements/herbs/homeopathic/other your child is taking: \_\_\_\_\_

**\*\*Please skip "Prenatal, Feeding, Developmental History if your child is 7 years or above.**

### **Prenatal History:**

Name of Obstetrician/Midwife: \_\_\_\_\_ Was the baby carried to full term? \_\_\_\_\_

Complications during Pregnancy: ☐ No ☐ Yes List: \_\_\_\_\_

Medications during Pregnancy/Delivery: ☐ No ☐ Yes List: \_\_\_\_\_

Cigarette/Alcohol use during Pregnancy: ☐ No ☐ Yes List: \_\_\_\_\_

Any exposure to ultrasound? \_\_\_\_\_ How many? \_\_\_\_\_

Location of Birth: ☐ Hospital ☐ Birthing Center ☐ Home

Birth Intervention: ☐ Forceps ☐ Vacuum Extraction ☐ Cesarean Section (emergency or planned?)

Complications during Delivery: ☐ No ☐ Yes List: \_\_\_\_\_

Genetic Disorder or Disabilities: ☐ No ☐ Yes List: \_\_\_\_\_

Birth Weight: \_\_\_\_\_ Birth Length: \_\_\_\_\_ APGAR Scores: \_\_\_\_\_

### **Feeding History:**

Breastfed: ☐ No ☐ Yes How long? \_\_\_\_\_

Formula fed? ☐ No ☐ Yes How long? \_\_\_\_\_, which formula? \_\_\_\_\_

Does the baby prefer feeding on one side than the other? ☐ Yes ☐ No

Introduced to solids at: \_\_\_\_\_ Months, Cows Milk at \_\_\_\_\_ Months. What were the first solids? \_\_\_\_\_

Food/Juice Allergies, Sensitivities, or Intolerances: \_\_\_\_ Yes \_\_\_\_ No List: \_\_\_\_\_

## Developmental History:

During the following times your child's spine is most vulnerable to stress and should be routinely be checked by a doctor of chiropractic for prevention and early detection of **vertebral subluxation** (spinal nerve interference). At what age was your child able to:

\_\_\_\_\_ Respond to Sounds      \_\_\_\_\_ Cross Crawl      \_\_\_\_\_ Hold Head Up

\_\_\_\_\_ Sit Up      \_\_\_\_\_ Stand Alone      \_\_\_\_\_ Walk Alone

Did your child skip and developmental steps? (ex: went straight to walking, didn't crawl) \_\_\_\_\_

Research is showing that many of the health challenges that occur later in life have their origins during the developmental years, some starting at birth. Please (X) the appropriate answer to the following questions with the best of your ability.

Did your child have a traumatic birth?      [ ] Yes      [ ] No      [ ] Unsure

Has your child had any serious falls?      [ ] Yes      [ ] No      [ ] Unsure

Did/Does your child play youth sports?      [ ] Yes      [ ] No      [ ] Unsure

Has your child been involved in a car accident?      [ ] Yes      [ ] No      [ ] Unsure

Has your child been under chiropractic care?      [ ] Yes      [ ] No      [ ] Unsure

On average, how many hours of sleep does your child get per night? \_\_\_\_\_

## Bio-Chemical (Ages 3 and above)

<i>(Questions are based on days/week)</i>	Never	Rarely	Occasionally	Always
	(0 days)	(1-2days)	(3-5 days)	(6-7 days)
Does your child drink 2-8oz glasses of water?	[ ]	[ ]	[ ]	[ ]
Does your child take a fish oil supplement?	[ ]	[ ]	[ ]	[ ]
Does your child eat 4-8 servings of fruits & veggies?	[ ]	[ ]	[ ]	[ ]
Does your child <b>splenda</b> , or other artificial sweeteners?	[ ]	[ ]	[ ]	[ ]
Does your child eat fast food?	[ ]	[ ]	[ ]	[ ]
Does your child take medication?	[ ]	[ ]	[ ]	[ ]
Does your child eat processed, packaged, or pre-made foods?	[ ]	[ ]	[ ]	[ ]
Does your child eat sugary snacks, candies, or cereals?	[ ]	[ ]	[ ]	[ ]
Does your child drink soda?	[ ]	[ ]	[ ]	[ ]
Does your child eat white Bread or pastas?	[ ]	[ ]	[ ]	[ ]

## Bio-Physical (Ages 5 and above)

How much physical activity does your child get a day? \_\_\_\_\_

How does your child carry their school books? \_\_\_\_\_ About how heavy is their bag? \_\_\_\_\_

How much of TV does your child watch a day? \_\_\_\_\_ On the computer? \_\_\_\_\_ Playing video games? \_\_\_\_\_

### **Lifestyle (Ages 5 and above)**

<i>(Questions are based on days/week)</i>	Never	Rarely	Occasionally	Always
	(0 days)	(1-2days)	(3-5 days)	(6-7 days)
Does your child have difficulty concentrating?	[ ]	[ ]	[ ]	[ ]
Does your child ever feel overwhelmed or frustrated?	[ ]	[ ]	[ ]	[ ]
Does your child get angry easily?	[ ]	[ ]	[ ]	[ ]
Does your child feel confident in social settings?	[ ]	[ ]	[ ]	[ ]

### ***Are we coordinating care with your physician?:***

I would like a copy of NO ☐ YES ☐ my records sent to my physician

(Circle one) Primary Physician, Pediatrician, Ob/Gyn, Asthmatic specialist, Orthopedic Surgeon, Internist, Other

Dr.'s Name: \_\_\_\_\_

Clinic's Name & Location \_\_\_\_\_

### ***Financial Policies:***

I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. Furthermore, I understand that Whole Life Chiropractic will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to Whole Life Chiropractic will be credited to my account upon receipt. I understand that insurance companies do not pay for services that they determine to be not "medically necessary" and therefore, may deny payment for the services provided to me by Dr. Murphy. However, I clearly understand and agree that all services rendered to me are my personal responsibility and I am securing my account with the credit card listed below. I also understand that if I suspend or terminate my care or treatment, any fees for professional services rendered me will be immediately due and payable. If payment hasn't been received in 10 days from terminating care, I authorize deduction from my credit card.

*Please Note: Insurance companies do not pay for care that is not medically-necessary. If your child does not have a musculoskeletal complaint, he/she does not qualify for insurance coverage.*

### ***Informed Consent & Authorization to Treat a Minor:***

I hereby request and consent to the performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (or on the patient named below, for whom I am legally responsible) by Dr. Nicole and/or other licensed doctors of chiropractic who now or in the future work at Whole Life Chiropractic, PA.

I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment, including but not limited to fractures, disc injuries, strokes, dislocations and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest. I understand that results are not guaranteed.

I have read the above consent. I understand I have the opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Consent to treat a Minor: \_\_\_\_\_

Guardian or Spouse's Signature of Authorizing Care: \_\_\_\_\_

I acknowledge that I have received the Chiropractic Clinic's Notice of Privacy Practices for protected health information.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

